



## Course Syllabus

**Course Number | Name:** PSY205NT – Lifespan Development

**Course Credits:** 3

**Course Duration:** 8 weeks

### Course Description:

This course offers students a life-span approach to the physical, cognitive, psycho-emotional, and spiritual/moral development of humans at various ages. Major developmental theories are examined in the light of a biblical perspective for human growth.

### Psychology Program Learning Outcomes (PLOs\*):

#	PLOs
1	Apply basic research methods, including research design, data analysis, and interpretation.
2	Demonstrate critical and creative thinking, skeptical inquiry, and a scientific approach to applying psychological principles to personal, social, ethical, religious, and organizational issues informed by a biblical worldview.
3	Develop insight into their own and others' behavior and mental processes and apply effective strategies for self-management, self-improvement, and self-care, as well as apply psychological principles to individual, interpersonal, group, and societal issues.
4	Identify and apply basic knowledge of major concepts, theoretical perspectives, empirical findings, and historical trends in psychology and evaluate them from a Christian worldview.
5	Analyze empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.
6	Communicate effectively in a professional and diverse global environment.
7	Demonstrate digital literacy throughout their program.

**\*Every psychology course must include assessments of some, but not all of the PLOs. The highlighted ones are assessed in this course.**

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### Course Learning Outcomes (CLOs):

#	CLOs	Bloom's*	PLO(s)~
1	Recite the psychological development at each stage of human life and retain the pertinent social, emotional, cognitive, and biological changes.	1	3,6
2	Explain how human development knowledge impacts the understanding of interactions at various life spans.	2	4,5
3	Apply the theories that guide each stage of human development.	3	2
4	Implement how a biblical worldview can enhance these lifespan stages of human development in a personal and professional way.	6	1,5

\*Indicates Bloom's Taxonomy cognitive domain level.

~Indicates which PLO(s) are aligned with the CLO.

### Biblical Worldview Integration Plan:

This course will cover lifespan development and its importance, along with what the Bible says about these topics. Parts of the Bible, such as the Old Testament discuss longer lifespans, and we will explore how human development stages might have looked differently back then, than it does today.

### Required to Purchase Media:

None. The online book, *Developmental Psychology*, is free at <https://library.achievingthedream.org/herkimerdevelopmentalpsych/>  
Various links to other free material will be listed in the weekly assignments

### Grading Grid:

Assessments (# in parentheses) - # pts. each if > 1	Total Points
Weekly Discussions (8) - 25 pts. each	200
Weekly Assignments (6) - 35 pts. each	210
Weekly Papers (6) - 40 pts. each	240
Midterm - Week 4	180
*Final Paper - Week 8	100
Quizzes (2) - 35 pts. each	70
<b>Total Points:</b>	<b>1,000</b>

## ***PSY205NT – Lifespan Development – Course Syllabus***

### **Course Schedule:**

#### **Week 1**

Media:

1. *Developmental Psychology*, Chapter 1, Parts 1-6
2. Genesis 5:1-32
3. Videos in Chapter 1, Parts 7 and 8
4. Video in Chapter 1, Part 9
5. Introduction to Life Span Development PowerPoint in Chapter 1, Part 10

Assignments:

1. Assignment 1-1 Reflection page - See Instructions in the course
2. Assignment 1-2 Paper topic - See Instructions in the course
3. Wk1 Discussion - See Instructions in the course

#### **Week 2**

Media:

1. *Developmental Psychology*, Chapter 1, Parts 12-16
2. Videos (2) in Chapter 1, Part 15
3. 1 Samuel 17:1-58
4. 2 Samuel 5:1-5

Assignments:

1. Assignment 2-1 Weekly Assignment - See Instructions in the course
2. Assignment 2-2 Paper - See Instructions in the course
3. Wk2 Discussion - See Instructions in the course

#### **Week 3**

Media:

1. *Developmental Psychology*, Chapter 3, Parts 21 through 25
2. *Developmental Psychology*, Chapter 4, Parts 33, 35, 36, 37, and 39
3. *Developmental Psychology*, Chapter 5, Parts 43 through 47
4. Psalm 139:1-24
5. Videos (2) in Chapter 4, Parts 35 and 40

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Assignments:

1. Assignment 3-1 Quiz
2. Assignment 3-2 Paper - See Instructions in the course
3. Wk3 Discussion - See Instructions in the course

### **Week 4**

Media:

1. *Developmental Psychology*, Chapter 6, Parts 52 through 58
2. Isaiah 41:10
3. Video in Chapter 6, Part 59

Assignments:

1. Assignment 4-1 Midterm
2. Assignment 4-2 Paper - See Instructions in the course
3. Wk4 Discussion - See Instructions in the course

### **Week 5**

Media:

1. *Developmental Psychology*, Chapter 7, Parts 65 through 67
2. Video in Chapter 7, Part 68

Assignments:

1. Assignment 5-1 Reflection Paper - See Instructions in the course
2. Assignment 5-2 Paper - See Instructions in the course
3. Wk5 Discussion - See Instructions in the course

### **Week 6**

Media:

1. *Developmental Psychology*, Chapter 8, Parts 71 through 74
2. *Developmental Psychology*, Chapter 9, Parts 83 through 86
3. *Developmental Psychology*, Chapter 10, Parts 91 through 94
4. Video in Chapter 8, Part 77
5. Video in Chapter 9, Part 88
6. Video in Chapter 10, Part 96

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Assignments:

1. Assignment 6-1 Reflection Paper - See Instructions in the course
2. Assignment 6-2 Paper - See Instructions in the course
3. Wk6 Discussion - See Instructions in the course

### **Week 7**

Media:

1. *Developmental Psychology*, Chapter 11, Parts 100 through 105
2. Ecclesiastes 4:2
3. Video in Chapter 11, Part 106

Assignments:

1. Assignment 7-1 Reflection Paper - See Instructions in the course
2. Assignment 7-2 Quiz
3. Wk7 Discussion - See Instructions in the course

### **Week 8**

Media:

1. Introduction to Life Span Development - Developmental Psychology PowerPoint in Chapter 1, Part 10
2. Developmental Theories - Developmental Psychology Slideshow in Chapter 2, Part 19
3. YouTube Video: How to Trust God in Tough Times
4. YouTube Video: Brené Brown on Empathy

Assignments:

1. Assignment 8-1 Final Paper - See Instructions in the course
2. Assignment 8-2 Reflection - See Instructions in the course
3. Wk8 Discussion - See Instructions in the course