



Course Syllabus

Course Number | Name: PSY307NT Human Sexuality

Course Credits: 3

Course Duration: 8 weeks

Course Description:

This course investigates the biblical basis of sexuality. A basic introduction to human sexuality. Special issues in sexuality will be discussed, as well as the basics of sexual biology and psychology, and sexual development. Students will also be challenged in their biblical analysis of special issues relevant to contemporary discourse about sexuality, gender, and morality.

Psychology Program Learning Outcomes (PLOs*):

1	Apply basic research methods, including research design, data analysis, and interpretation.
2	Demonstrate critical and creative thinking, skeptical inquiry, and a scientific approach to applying psychological principles to personal, social, ethical, religious, and organizational issues informed by a biblical worldview.
3	Develop insight into their own and others' behavior and mental processes and apply effective strategies for self-management, self-improvement, and self-care, as well as apply psychological principles to individual, interpersonal, group, and societal issues.
4	Identify and apply basic knowledge of major concepts, theoretical perspectives, empirical findings, and historical trends in psychology and to evaluate them from a Christian worldview.
5	Analyze empirical evidence, tolerate ambiguity, act ethically, and recognize their role and responsibility as a member of society.
6	Communicate effectively in a professional and diverse global environment.
7	Demonstrate digital literacy throughout their program.

***Every psychology course must include assessments of some, but not all of the PLOs. The highlighted ones are assessed in this course.**

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Course Learning Outcomes (CLOs):

#	CLOs	Bloom's*	PLO(s)~
1	Identify the stages of human sexual development, including biological, psychological, social, and spiritual factors.	1	2,3,4
2	Describe the role of self-awareness and empathy by through exploring personal and others' sexual experiences within a psychological and biblical context, fostering a compassionate approach to addressing challenges and fostering growth.	2	2,3,5
3	Articulate the contemporary issues relevant to human sexuality, demonstrating the ability to make ethical decisions rooted in a conservative Christian worldview.	3	1,2,3,4,5
4	Engage confidently in constructive conversations about human sexuality, using effective communication skills to navigate cultural narratives, media influences, and diverse perspectives while upholding biblical truths.	4	1,2,6,7
5	Develop a comprehensive understanding of human sexuality that aligns with Christian beliefs and values by integrating Biblical teachings and psychological insights.	6	1,2,4

*Indicates Bloom's Taxonomy cognitive domain level.

~Indicates which PLO(s) are aligned with the CLO.

Biblical Worldview Integration Plan:

This human sexuality course is taught from the stance that each individual is created in the image of God (Genesis 1:27) and that our sexuality is a divine gift with intrinsic purpose and meaning. Guided by Scripture, we ground our exploration in biblical teachings on love, relationships, and covenant, while addressing contemporary issues with grace, compassion, and truth, as exemplified by Christ's teachings in the Gospels.

Our course aims to harmonize psychological perspectives with eternal biblical truths. As we discuss attraction, relationships, and ethical considerations, we refer to the sanctity of marriage and wisdom from the Bible. By intertwining academic knowledge with foundational biblical principles, we seek to foster in our students an understanding of human sexuality that is both comprehensive and deeply rooted in a Christ-centered worldview.

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Required Media:

Balswick, J., & Balswick, J. (2019). *Authentic human sexuality: An integrated Christian approach*. IVP Academic. ISBN-13: 978-0830852376. Paper

Wilson, T. (2017) (*Mere Sexuality: Rediscovering the Christian Vision of Sexuality* Zondervan. ISBN-13: 978-0310535355. Paper

Grading Grid:

Assessments (# in parentheses) - # pts. each if > 1	Total Points
Discussions (8) - 25 pts. each	200
Weekly Quizzes (8) - 50 pts. each	400
Essays (2) - 75 pts each	150
Final Paper	250
Total Points:	1,000

Course Schedule:

Week 1

Media:

1. Balswick, Chapters 1 & 2
2. Wilson, Chapters 1 & 2
3. Dr Juli Slattery - Equipping Christians to Understand Sexuality Video
4. Reproductive System, Part 1 - Female Reproductive System: Crash Course Anatomy & Physiology Video
5. Foucault's History of Sexuality, Vol. 1, Explained Video

Assignments:

1. Assignment 1-1 Quiz 1
2. Wk1 Discussion - See Instructions in the course

Week 2

Media:

1. Balswick, Chapters 3 & 4
2. Wilson, Chapters 3 & 4
3. Dr. Christopher Yuan - HOMOSEXUALITY: TEXTS & HERMENEUTICS Video
4. Judith Butler - Theory of Gender Video
5. Alice Dreger - What makes someone gay? Video
6. Reproductive System, Part 2 - Male Reproductive System: Crash Course Anatomy & Physiology Video

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Assignments:

1. Assignment 2-1 Quiz
2. Wk2 Discussion - See Instructions in the course

Week 3

Media:

1. Balswick, Chapters 5 & 6
2. Wilson, Chapters 5 & 6
3. That's Debatable with Dr. Michael Brown | Gay Christian? Video
4. What is sexual formation? Video
5. Reproductive System, Part 3 - Sex & Fertilization: Crash Course Anatomy & Physiology Video

Assignments:

1. Assignment 3-1 Quiz
2. Wk3 Discussion - See Instructions in the course

Week 4

Media:

1. Balswick, Chapters 7 & 8
2. Wilson, Chapter 7
3. John Piper - Sex and supremacy of Christ Video
4. The Song of Solomon 1-8 • Solomon's Song of Songs celebrating God's design for marriage Video
5. Reproductive System, Part 4 - Pregnancy & Development: Crash Course Anatomy & Physiology Video
6. Science proves there are more than two sexes Video
7. 9 Months In The Womb: A Remarkable Look At Fetal Development Video

Assignments:

1. Assignment 4-1 Quiz
2. Wk4 Discussion - See Instructions in the course

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Week 5

Media:

1. Balswick, Chapters 9 & 10
2. Wilson, Conclusion
3. Dr. John Gottman - The Science of Love Video
4. Sexually Transmitted Infections Video
5. Ester Perel – Infidelity Series Video
6. Bad Advice Bad Advice: Part 3 - "How to Commit Adultery" with Craig Groeschel - Life. Church Video

Assignments:

1. Assignment 5-1 Quiz
2. Assignment 5-2 Essay 1 - See Instructions in the course
3. Wk5 Discussion - See Instructions in the course

Week 6

Media:

1. Balswick, Chapters 11 & 12
2. Wilson, Appendix 1
3. Clinical aspects of sexual harassment and gender discrimination-psychological consequences and treatment interventions, Sharyn Ann Lenhart, M.D, Brunner-Routledge Article
4. Sexual Harassment went unchecked at Christianity Today Article
5. Christine Caine - Healing After Abuse is Possible in Christ | Praise on TBN Video
6. #Metoo and the Church Video
7. Title IX Sexual Harassment All Staff Training Video
8. Title IX — Award-Winning Short Film About Sexual Assault Video

Assignments:

1. Assignment 6-1 Quiz
2. Wk6 Discussion - See Instructions in the course

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Week 7

Media:

1. Balswick, Chapters 13 & 14
2. Wilson, Appendix 2
3. Christine Caine - Faith & Healing in the Fight Against Human Trafficking Video
4. How pornography destroys your mind Video
5. How Porn Fuels Sex Trafficking Video

Assignments:

1. Assignment 7-1 Quiz
2. Assignment 7-2 Essay 2 - See Instructions in the course
3. Wk7 Discussion - See Instructions in the course

Week 8

Media:

1. Balswick, Chapters 15 & 16
2. Sex Addiction Explanation for Patients Video
3. What Happens When Strangers Get Real About Body Image Video
4. 3 Stages in Trauma Therapy: Safety, Trauma Processing, and Integration Video

Assignments:

1. Assignment 8-1 Quiz
2. Assignment 8-2 Final Paper - See Instructions in the course
3. Wk8 Discussion - See Instructions in the course